



Early teens Structure of Temperament Questionnaire (STQ-77E-C4) Age 12-16

Name _____ Sex: **M/F** Nationality _____ Date of birth _____
 Date of testing _____ Main profession(s) of father _____ mother _____
 Parents' age at your birth: father ____ mother ____ Age difference with siblings: sis: _____ bro: _____

You are offered 77 statements. Try to imagine the most typical behaviour of this child and rate each statement using the following 1 to 4 scale. Remember: there are no "wrong" or "right" answers.

1 – Strongly Disagree 3 – Rather Agree
2 – Rather Disagree 4 – Strongly Agree

	Strongly Disagree	Rather Disagree	Rather Agree	Strongly Agree	
					To what extent do you agree with the following statements in regards to this child:
1	1	2	3	4	(S)He prefers physical games for leisure activities.
2	1	2	3	4	(S)He makes up his own plans, "projects" and even rules in the games but often doesn't complete them.
3	1	2	3	4	Enjoys playing fast-paced and sport games.
4	1	2	3	4	(S)He likes chatting in big gatherings.
5	1	2	3	4	Usually, he/she is bored if people around discuss technical, scientific or social issues
6	1	2	3	4	(S)He can be very fast in conversations.
7	1	2	3	4	While waiting for another person (not a family member) to finish something, he/she can lose patience and use abusive gestures
8	1	2	3	4	(S)He is often optimistic and light-headed even when is poorly prepared for a test at school.
9	1	2	3	4	(S)He does not like risks.
10	1	2	3	4	(S)He can simultaneously do several things.
11	1	2	3	4	After making mistakes or criticism, he/she worries about it longer than other teens.
12	1	2	3	4	(S)He can stay on reading or another mental task for at least an hour.
13	1	2	3	4	I never have to yell or raise my voice at this child.
14	1	2	3	4	He/she is engaged in athletic and physical activities in school with a lot of enthusiasm.
15	1	2	3	4	(S)He never bother us with "why and how" talks, accepting everything as is.
16	1	2	3	4	(S)He is quick and flexible in physical actions.
17	1	2	3	4	(S)He easily gets involved in talks between other teens or adults.
18	1	2	3	4	(S)He is so over-confident that often acts as if he/she is the smartest person on the Earth.
19	1	2	3	4	(S)He prefers to speak at a fast pace.
20	1	2	3	4	I am afraid that this child is too kind, forgiving and agreeable; he/she could be easily manipulated by others.
21	1	2	3	4	(S)He avoids unfamiliar places and strangers, even if there is no reason not to trust these places and people.
22	1	2	3	4	(S)He always "checks out" something unsafe: heights, unknown places and companies of people.
23	1	2	3	4	Unexpected changes or new plans and instructions do not irritate him/her.
24	1	2	3	4	(S)He is very trusting and friendly, even towards strangers.
25	1	2	3	4	(S)He is easily distracted and often doesn't complete his/her homework even when reminded by adults.
26	1	2	3	4	I can always explain the behaviour of the child.
27	1	2	3	4	(S)He is physically strong for his/her age and can sustain prolonged physical activity.
28	1	2	3	4	(S)He is not very serious and often too optimistic when it comes to problems; it is hard to puzzle or frighten him/her.
29	1	2	3	4	In manual work, his/her hands are moving fast compared to other teenagers
30	1	2	3	4	In his/her spare time, he/she cannot be without talking to people.
31	1	2	3	4	(S)He picks up a good speed while starting physical work or activities.
32	1	2	3	4	(S)He speaks freely, without hesitation.
33	1	2	3	4	His/her impulsivity, over-reactions and misbehaviour once was a cause of bad outcomes.
34	1	2	3	4	(S)He often worries too much (might have even sweating hands, bad sleep) before even usual tests at school.
35	1	2	3	4	(S)He gets silent and bored during the talks about people's feelings and thoughts, avoiding them whenever he/she can.
36	1	2	3	4	(S)He can stay well-focused when attention to details is required (such as in reading, counting, Internet search, etc).

37	1	2	3	4	(S)He starts being very irritated if suddenly must postpone what he/she was doing and follow new instructions of adults.
38	1	2	3	4	The child prefers reading and other table-based activities rather than physical games outside.
39	1	2	3	4	There are moments when I compare hi/her to others and feel that I didn't get "the best deal".
40	1	2	3	4	(S)He can be physically active for a long time before they get really tired.
41	1	2	3	4	(S)He quickly gets tired in preparation for tests and schoolwork, taking many breaks.
42	1	2	3	4	When given the assignment to do physical work, he/she does it at a fast pace, even if there is no time pressure.
43	1	2	3	4	(S)He is not very talkative even when other teens or adults initiate a chat.
44	1	2	3	4	(S)He is very interested in science and technology (mobile phones and simple use of the Internet does not count)
45	1	2	3	4	It is difficult for him/her to speak quickly.
46	1	2	3	4	(S)He loses patience easily if something takes longer than expected.
47	1	2	3	4	(S)He would prepare in advance for school routines, visits, local travels, and worries if something went not according to the plan.
48	1	2	3	4	(S)He often complains of being bored, taking/doing prohibited things for amusement.
49	1	2	3	4	(S)He often makes up his own ideas or objects even when it's easier just to follow the existing plan.
50	1	2	3	4	(S)He is sensitive to and responds right away when seeing that strangers need help.
51	1	2	3	4	(S)He can do homework for a long time without having breaks for games, Internet or other distractions.
52	1	2	3	4	(S)He often remains indifferent when people talk about their feelings or ask about his/her feelings.
53	1	2	3	4	(S)He gets tired quicker than other teens of his/her age when doing manual labour.
54	1	2	3	4	(S)He likes to experiment with new and unusual sensations (unfamiliar food or drinks, fast driving, heights, unusual music).
55	1	2	3	4	(S)He can make his/her bed and other household chores fast without a loss of quality of the work.
56	1	2	3	4	(S)He doesn't talk much even in a circle of close relatives and friends.
57	1	2	3	4	If he/she made a mistake, even publicly, then takes it much easier than other teenagers.
58	1	2	3	4	(S)He sometimes breaks the rules and/or ignores the advice of other people.
59	1	2	3	4	His/her impulsiveness and emotions led to troubles more than in other teenagers.
60	1	2	3	4	In situations of uncertainty, he/she needs people who support him/her.
61	1	2	3	4	(S)He likes sensational things, such as very speedy rides in cars and intense roller coasters.
62	1	2	3	4	(S)He likes to comment on the causes and consequences of events.
63	1	2	3	4	He/she doesn't mind helping other people, even if it takes time.
64	1	2	3	4	If there is a choice between a sport program, music program or a documentary about nature, (s)he chooses the latter.
65	1	2	3	4	He/she continues prolonged physical activities and games even when it's time to do something else.
66	1	2	3	4	(S)He needs some time to prepare his/her thoughts before expressing him/herself.
67	1	2	3	4	In new tasks (even uncomplicated) feels uncertain and needs time to verify everything before doing them (more than other teenagers).
68	1	2	3	4	Sometimes (s)he admits that he/she avoids chatty conversations between his/her peers, and feels "ok" not being included.
69	1	2	3	4	When "done work" should be re-done, (s)he, of course, is not happy but does everything as needed.
70	1	2	3	4	It is difficult for him/her to read at a fast pace.
71	1	2	3	4	(S)He is impatient in situations requiring a prolonged (30-60 min) waiting without doing anything.
72	1	2	3	4	In our family travels prefers familiar places, and when planning unfamiliar trips, he/she becomes anxious and verifies the details.
73	1	2	3	4	Even when adults warn him/her, (s)he often continues with risky explorations
74	1	2	3	4	When (s)he wants to say or do something, (s)he often starts doing it right away, even when it not appropriate.
75	1	2	3	4	(S)He likes analysing and comparing new information with his/her knowledge and often asks or comments something "clever".
76	1	2	3	4	(S)He is easily distracted by helping other people and often forgets about his/her duties.
77	1	2	3	4	There were days when I was losing patience and manners with this child.